

HOT DRINKS

Filter Coffee	Large £2.25	Regular £1.75
Cappuccino / Café Latte	Large £2.75	Regular £2.25
Espresso	Large 2.50	Regular £1.75
Mocha		£2.95
Macchiato		£1.75
Hot chocolate		£2.95
Teas – English Breakfast		£2.25
Organic herbal and fruit teas		£2.65

COLD DRINKS

Orangina		£1.95
Lemonade, diet cola, cola		£1.95
Juices – orange, cranberry, apple, peach		£1.95
Freshly squeezed orange juice and smoothies		£2.75
Mineral water	Glass	£1.75
	Bottle 750ml	£3.95



MENU

All items available to take out



Join the wine club to receive many benefits including 25% of your total restaurant bill for you and your guests.

BREAKFAST Served weekdays until 12pm and weekends until 4pm.

We only use Free Range Eggs in all our Breakfasts.

Continental breakfast basket	
Selection of Danish, croissant and muffins	£4.95
Toast and Preserves	£2.75
Scotch pancakes with Maple syrup and bacon	£5.50
Scrambled eggs and bacon on toast	£5.95
Scrambled eggs and smoked salmon on toast	£10.50
Standard breakfast	
Egg, bacon, sausage, tomato, mushrooms – toast and preserves	£8.75
The Big Breakfast	
Egg, bacon, mushroom, tomato, sausage, hash browns, black pudding and baked beans - toast and preserves	£10.95
Vegetarian breakfast	
Egg, mushroom, tomato, hash browns and baked beans – served with toast and preserves	£8.75

SANDWICHES

Grilled Mediterranean vegetables and goats cheese on walnut bread	
Finished with basil oil	£8.75
Parma ham, Mozzarella, sun kissed tomatoes and Rocket on lightly toasted herbed Focaccia	£8.75
Smoked Salmon served on a Scotch pancake with sour cream and Avruga caviar	£10.50
Super club chicken bloomer	
Chicken, mayonnaise, crispy bacon, fresh tomatoes and spinach leaves	£8.95
Slow roasted lamb in pitta bread	
Salad leaves, fresh coriander, houmus, rocket and lemon oil	£9.95
Sirloin steak baguette	
With pan roasted tomatoes and fresh rocket	£10.95

SALADS

Caesar salad	
Fresh anchovies, croutons, bacon lardons and Parmesan shavings	£8.50
Chicken Caesar salad	
Caesar salad, served as above with chicken breast	£11.50
Grilled goats cheese	
Mixed salad leaves, caramelised red onions and fig relish	£8.95
Hand picked crab, avocado and endive salad with lychee's	£12.95
Crispy duck salad	
With mixed leaves, bean shoots and a teriyaki and sesame dressing	£14.95

SIDE DISHES

French Beans	£3.25
Sautéed spinach	£3.25
New potatoes	£3.25
Spring onion Mash Potato	£3.25
French fries	£3.25
Greek salad – Tomato, cucumber, red onion, feta and black olives	£4.95
Rocket salad with a balsamic & lemon dressing and pecorino shavings	£4.95

SOUP

Cannellini Bean soup	
Served with French bread	£5.50
Home made Soup of the day	
(Wheat and dairy free) Served with French bread	POA

CHEESE BOARD (Served with pickles, jellies and chutneys)

Choose from a large selection of cheeses from the fromagerie

Small - £8.00 large £12.00

SHARED PLATES To start, or have on their own

COLD

Marinated olives with olive oil dip, black olive tapenade and ciabatta	£4.95
Greek Platter	
Houmus, Tzatziki, Taramasalata with pitta bread	£6.95
Dolmades	
Stuffed vine leaves with tzatziki and pitta bread	£5.50
Char grilled peppers and courgettes marinated in fresh herbs and chilli with Feta	£6.95
Buffalo mozzarella with tomatoes, rocket and basil olive oil	£8.95
Mixed Antipasti	
Parma ham, salami, gherkins, olives, mozzarella and an apple pickle. Served with a selection of breads	£12.95
Crostini	
Topped with Parma ham, poached quail eggs and pecorino shavings	£6.95
Bresaola with olive oil, black pepper and Parmesan shavings	£7.50

BREADS

French bread	£2.50
Walnut bread	£3.95
Bread selection with olive oil dip and balsamic	£4.50

HOT

Filo prawns	£6.95
Served with a sweet chilli dip	
Sizzling garlic and chilli prawns	£7.95
Served with crusty bread to mop up the juices	
Crab cakes with caper mayonnaise	
White crab meat delicately seasoned with fresh coriander and sweet chilli	£6.95
Chorizo, black olives and new potatoes	£6.50
Crispy bacon and onion potatoes	£4.95
Petit Pois with crispy black pudding and fried egg	£5.50
Wok fried seared Tuna	
With soya, teriyaki and black sesame seeds	£7.50
Lambagani salad	
Served warm with sirloin strips, sweet corn, feta and soya sauce topped with raw red onions	£8.95
Beef skewers marinated in teriyaki and sesame seeds	£7.95
Spicy chicken skewers, baby spinach leaves, red onions and a chilli sauce (contains traces of nuts)	£6.95
Broad beans marinated in olive oil and garlic with crispy bacon lardons	£4.50

MAINS

Porcini mushroom and mozzarella ravioli stack	
With grilled mushroom, goats cheese, wilted spinach, basil butter sauce	£16.95
Pork and leek sausages	
Our own pork and leek sausages. Served on creamy mash potato with a red onion and port jus	£11.95
The classic Café Blu burger topped with blue cheese (cheddar option) – 200 Grams	
Prime beef seasoned to Café Blu's own recipe and served with tomatoes, red onions, gherkins and French fries with foccaccia bun	£14.95
Salmon fish cake 200 grams	
Salmon delicately seasoned and served as a fish cake with sautéed spinach, chive cream sauce and topped with a poached egg	£17.95
Free range chicken breast wrapped in Parma ham & stuffed with goats cheese with field mushrooms, new potato slivers, green beans & basil oil	£17.95
Pan roasted Seabass	
With new potatoes, chorizo, garlic slivers, fresh parsley and cherry tomatoes	£21.50

STEAK

Fillet of Beef	
Prime extra mature beef	£23.00
Sirloin	
Extra mature Scottish beef	£22.00

CHOICE OF SAUCES

Garlic and rosemary butter	£1.00
Port Jus	£1.25
Chunky basil and rocket pesto	£1.00

CHOICE OF ACCOMPANIMENTS

Bok Choi, chilli and bean shoots with soya sauce	£3.75
Asparagus, and green beans with black sesame seeds and sesame oil	£4.50
Crispy bacon and onion potatoes	£3.50
French fries	£3.25

Vegetarian

An optional service charge of 12.5% will be added to your bill.